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(54) HEALTHY EDIBLE MATERIAL OF MYCELIUM

(57)Abstract

PURPOSE: To obtain a healthy edible material as a mixture of mycelium and an additive, capable of increasing antiviral resistance and also effective against symptoms other than viral infection diseases by including dried *Grifola frondosa* powder, dried powder of root of *Reynoutria japonica* Houtt. and dried powder of papaya as essential elements.

CONSTITUTION: This edible material contains (A) dried and powdered *Grifola frondosa* mycelia, powder of dried root of *Reynoutria japonica* Houtt. and dried powder of papaya as essential elements and (B) the water oat, oyster shell, etc., as additives. The material is effective against virus including AIDS virus.